



Congratulations!

Little Folks Dude Ranch
FUMC Pre-School Sterling City
Eden Community Child Care Center
**Recertifying as Texas Rising
Star 4 Star Centers**

We commend the directors and teachers of these centers for all the hard work, dedication, and love they give the kids in order to maintain **4 Star** quality care centers.

**The TRS Challenge is on!
Final day to submit your
Interest Form is Friday, May 3rd**

Do you have any
parents that need
Summer Care?
Child Care Services is
enrolling for the
Summer!
Let your parents know.

UPCOMING TRAINING OPPORTUNITIES

Saturday, June 15

West Texas Training Center – San Angelo
8:30 - 3:30

Teaching Children with Identified Special Needs

Trainers, **Kim Marshall, Occupational Therapist** and **Janet Fowler, Physical Therapist** will specifically address ADD/ADHD, autism spectrum disorders, sensory processing issues, and more.

Mark your calendar for more
Training Opportunities
Saturday, July 20
&
Saturday, August 10
Topics to be announced



Learning in Action

2019 CDA Class

Micah Flores, Leticia Martinez, and Glenda Rose from Robin's Nest, Amy Clayton and Ruby Centeno from Mosaic Redwine, and Kynsey Jones and Susana Rivera from Young Scholars have enrolled in the 2019 CDA Class. These ladies have made a seven month commitment to an in-depth study of the Core Competencies for Early Childhood and the development stages of early care. They will become more confident practitioners with a better understanding of developmentally appropriate practices.

Congratulations!

Measles Information

From January 1 to April 26, 2019, 704 individual cases of measles have been confirmed in 22 states of the US. To help you sort through the data about this childhood disease, here is a compilation of facts:

- Measles are contagious: spread through saliva and nasal drainage (mostly coughing and sneezing)
- Measles virus can live in the air or on surfaces for up to 2 hours
- Symptoms appear 7 to 12 days after exposure
- First few days measles mimic cold symptoms: fever, runny nose, and red, watery eyes
- Between days 3 and 5, tiny white bumps appear inside cheek and along lower lip
- Red or pink rash appear on the face as bumps in mouth begin to fade
- Rash bumps begin to join together, continues down the body to the feet, and can be itchy
- Measles are contagious 4 days before rash appears and 4 days after rash goes away
- Measles can last 10 to 14 days
- No medication available to cure measles; just treat symptoms, drink fluids, and get lots of rest
- Complications: ear infections, pneumonia, and encephalitis
- Rare cases of virus spreading to brain, lying dormant for up to 10 years, appear as SSPE (subacute sclerosing pan encephalitis)
- Two approved measles vaccines are available: M-M-R II and ProQuad
- Texas Dept. of State Health recommends 1st dose on or after 1st birthday and 2nd dose at 4 to 6 yrs.
- After 2 measles doses, a person is 97% protected against measles virus
- Before measles vaccine available (1963) 3-4 million people got measles yearly and 400-500 people died from measles each year, per CDC
- In 2000, US declared measles eradicated from the nation
- Per CDC, recent rise in measles cases due to:
 - 1) unvaccinated people traveling abroad and bringing the virus back to US
 - 2) Anti-vaxer Movement - "Anti-vaxxers believe there's a connection between vaccination and autism, as well as other brain disorders, despite there being no scientific evidence supporting that theory."¹
- The CDC contends that, "Because signs of autism may appear around the same time children receive the MMR vaccine, some parents may worry that the vaccine causes autism."
- March 2019, American College of Physicians released the findings of a Denmark study of children's data born between 1999 and 2010 on its website, *Annals.org*.
 - Findings: "Among the 657,461 children included in the analysis, 6,517 were diagnosed with autism over the next decade. But there was no overall increased risk for development of the disorder among those who received the MMR vaccine when compared with those who had not gotten the vaccine."

For more information concerning measles vaccination and autism, visit the following websites: www.immunize.org/catg.d/p2068.pdf.

www.cdc.gov/vaccinesafety/concerns/autism/index.htm

¹ www.globalcitizen.org/en/content/everything-you-need-to-know-about-the-anti-vaxxer/

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